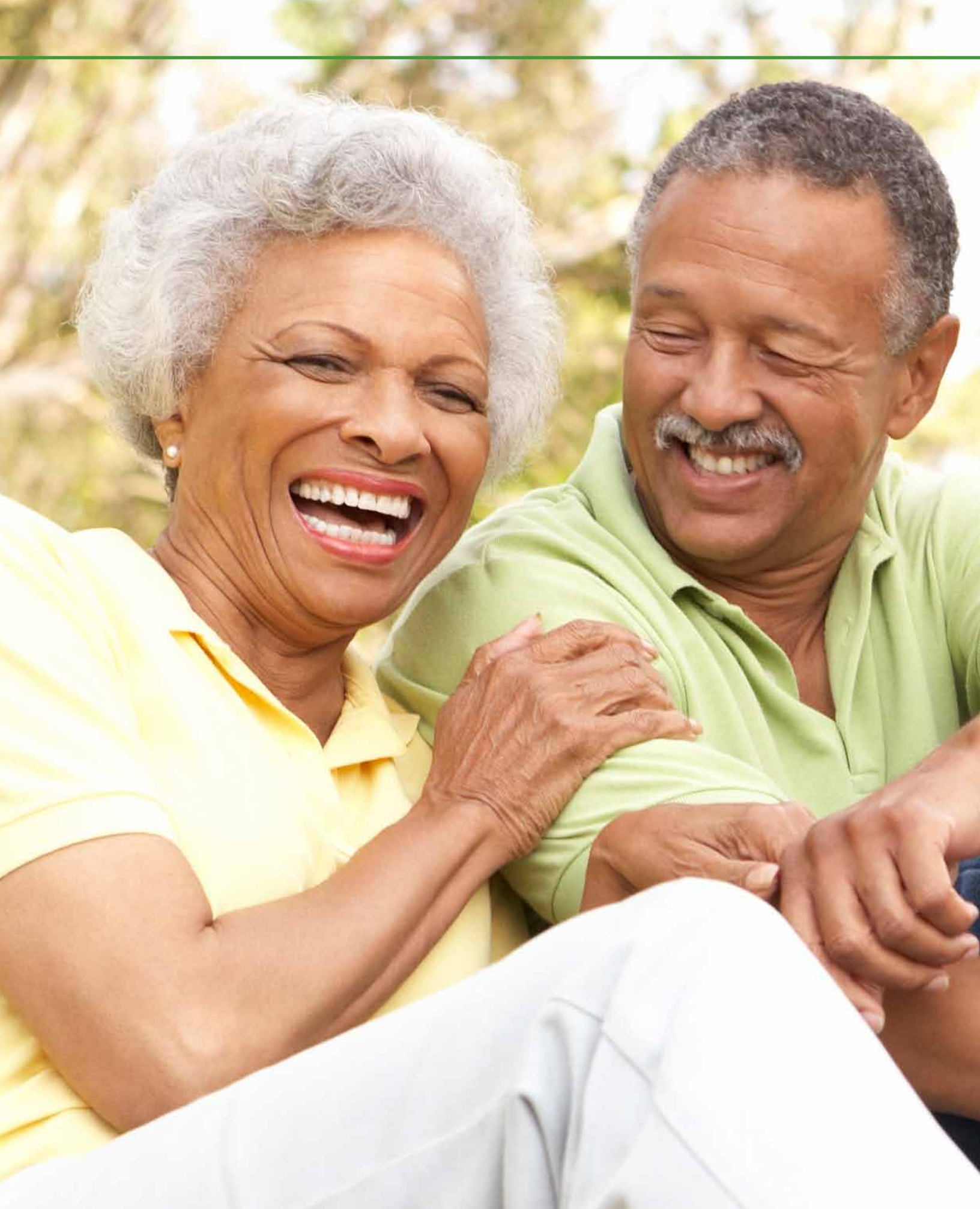


Housing Options for Seniors in Halton



Halton Region's Elder Services Advisory Committee



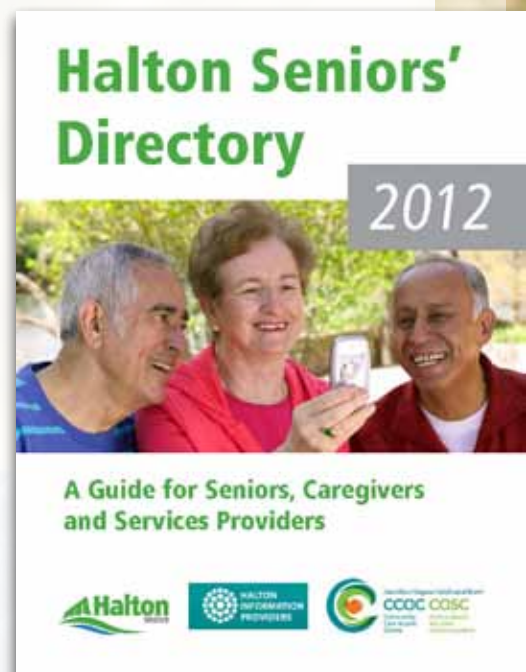


About this Publication

We all experience many changes as we go through different stages in life. As we age, we cope with change in many areas including our housing, finances, health, driving and transportation. These changes can affect our quality of life. Housing Options is one of many ESAC publications that provide information and resources to help seniors plan for the future.

Many ESAC publications can be accessed online at www.halton.ca/esac. One of ESAC's most popular publications is the Halton Seniors' Directory. This resource provides important information about services provided to seniors in Halton by various levels of government, service clubs, non-profit and community based agencies.

To order a copy of the directory dial 311 or visit www.halton.ca/esac. A full listing of ESAC fast facts is on page 54 in this booklet.





Housing Options

Introduction

There are many options to consider when you are thinking about housing to suit your needs as you age. This booklet outlines various housing options.

Before you make a decision about housing, you should seek out as much information as you can about the options that interest you. Think about your lifestyle now and what you may want and need in the future.





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Inclusion of an agency or service in this booklet does not constitute an endorsement of the service.



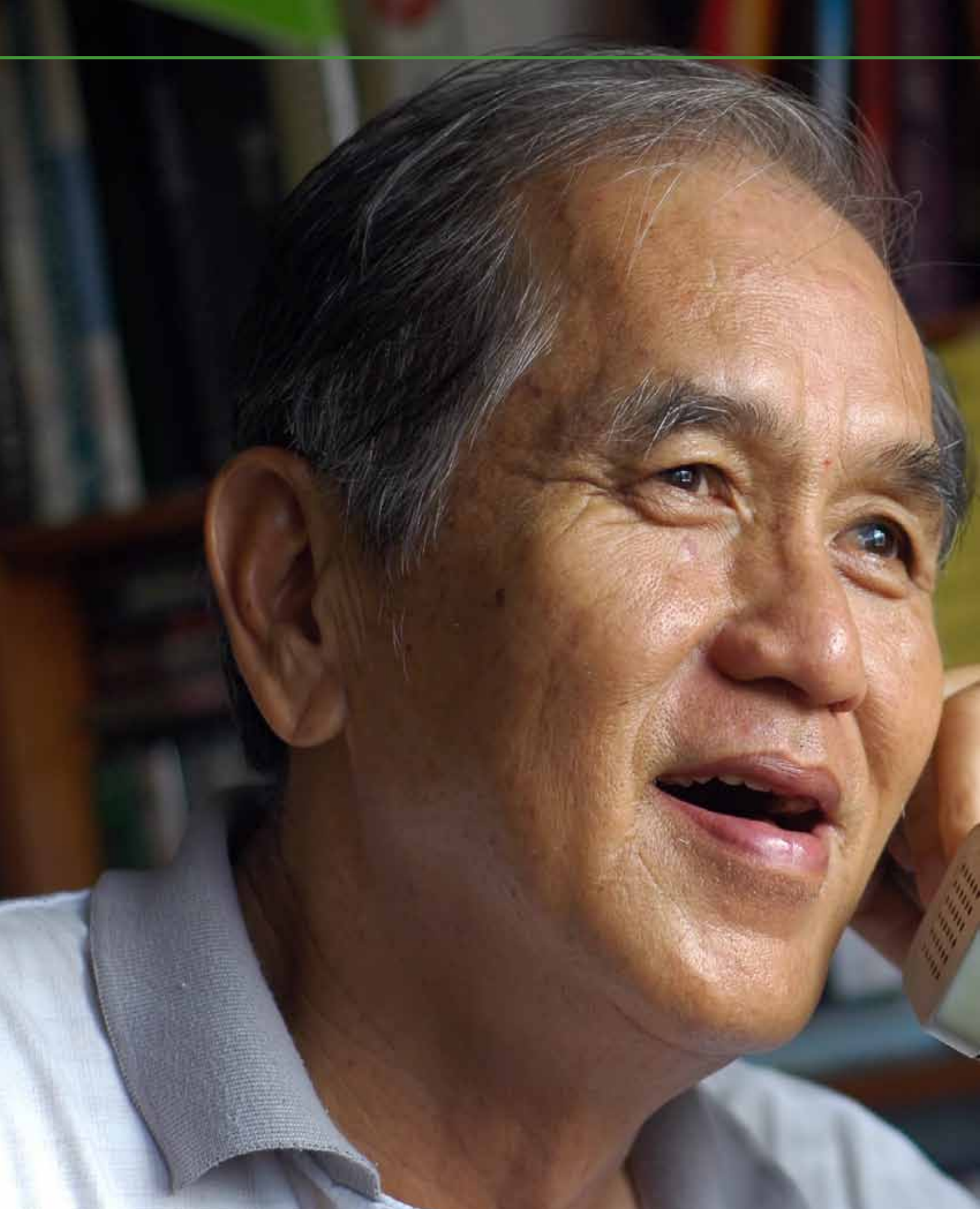


Do I Stay
or Do I
Go?

When you find options you like, compare it with your present location and see which one will work best for you. Consider some of the following ideas but be sure to add your own categories for assessment too.

Consider	Present	New
Accessibility		
Can you get in and out of the home easily?		
Are there areas in the home that are difficult for you to move around in?		
Could you renovate the home to fix the problems?		
Can friends and family visit easily? (Consider access to house/building/parking)		
Affordability		
What is the cost of renovating your home versus moving to a new location? What is the better option?		
Which location is more affordable?		
Which one do you think will be more expensive in the future?		
Neighbourhood		
Do you feel safe in the home?		
Do you feel comfortable and safe walking in the neighbourhood? Consider traffic, wind, sidewalk conditions, curbs, hills, etc.		
Are the streets well lit at night?		
Are there benches and other places to sit throughout the neighbourhood and shopping district?		
Are there sidewalks throughout the community?		
If the community has sidewalks, are the curbs sloped?		
Do the traffic lights/walk signals give you enough time to cross the streets safely?		
Is there a mailbox within walking distance?		
Is the post office accessible?		
Is the location suitable for your pet?		

Consider	Present	New
Personal Services		
Are the services that you need now or possibly in the future, nearby? For example: <ul style="list-style-type: none"> • help with chores or cleaning • snow removal/lawn mowing • hair dresser/barber • support with medications • help with meals • other services • personal support (help with bathing or dressing) 		
Are the services affordable?		
Are doctors/dentists etc. available in the area?		
Shopping		
Can you easily get your groceries, drug store items/prescription drugs, clothes and other necessities? Is home delivery offered in the community?		
Can you shop and run errands during bad weather?		
Are you able to get to your bank or another bank?		
Socializing		
Is the location close to restaurants, family, friends, place of worship, library or other social opportunities?		
Are you close to someone who can help you when you cannot shop, or run errands or have a crisis?		
Transportation		
Is public transit easy for you to access?		
Can friends and family visit easily? (parking, public transportation)		
Is there a bus shelter with seating nearby?		
Is door-to-door transportation available in the community for those with physical limitations?		
Can you easily get to your doctor(s)/dentist/medical appointments?		



A close-up photograph of a person's hand holding a white telephone receiver. The background is a blurred bookshelf filled with books. The text 'Emergency Housing' is overlaid in large white font.

Emergency Housing



Halton Region

Emergency/short-term assistance may be available for those who qualify, including shelter costs/rent arrears. If you are homeless or at risk of being homeless, call Halton Region.....Dial 311 or go to **www.halton.ca**

Halton Women's Place, Emergency Shelters

This organization provides shelter and crisis services for physically, emotionally, financially and sexually abused women and their dependent children.

Call 905-878-8555 (Milton, Halton Hills)

Call 905-332-7892 (Burlington, Oakville) or visit **www.haltonwomensplace.com**

Salvation Army Halton Lighthouse Shelter

The Lighthouse Shelter operated by the Salvation Army and Halton Region provides emergency shelter for youth 16-17 years and adults 18 years and older. The Lighthouse has 30 beds. Families in need of emergency shelter are served through the Salvation Army Halton Emergency Family Shelter program and are placed in Salvation Army emergency units (apartments). Access through Halton Region dial 311 (day time) or 905-339-2918 (after hours) or visit **www.salvationarmyoakville.ca/shelter**

Safe Beds

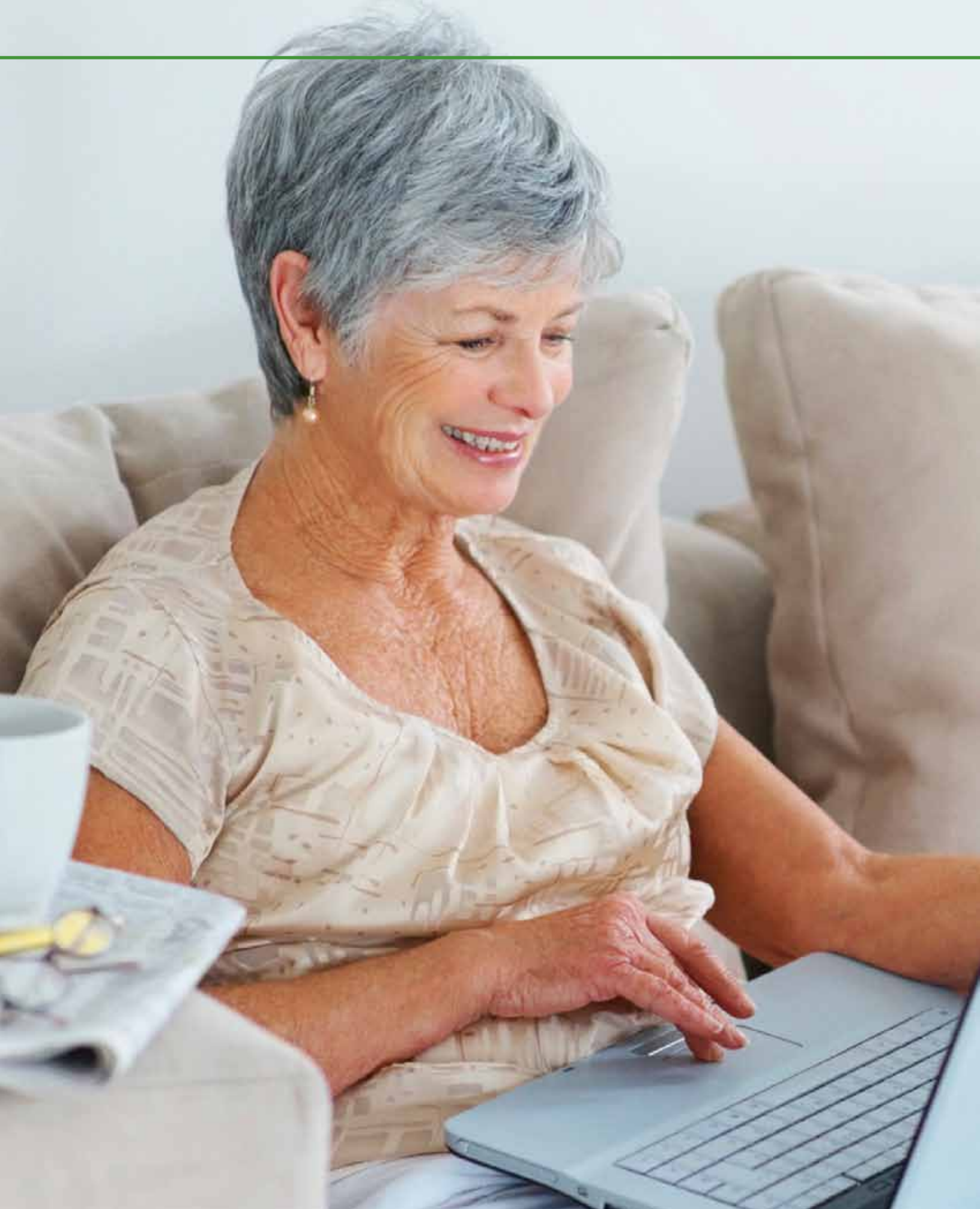
This program provides short-term support to adults experiencing a mental health crisis. Call 1- 877-825-9011 or go to **www.cmha-halton.ca**

Halton Multicultural Council (HMC) Transitional Housing

Halton Multicultural Council (HMC) provides temporary supportive accommodation for families including seniors who are homeless or near to homeless while they work on their settlement in Canada and search for permanent housing. The term of tenancy is for three months to one year. HMC currently has four apartment units and two townhomes located in residential areas in Burlington. Call 905-842-2486 or go to **info@halton-multicultural.org**

Emergency Respite Care

Call Community Care Access Centre (page 18) or consider Retirement Homes (page 45) or Long-Term Care Homes (page 50)



A photograph of a person sitting on a light-colored sofa, holding a light blue tablet. A matching remote control is on the floor in front of them. The background is a bright, slightly blurred indoor setting.

Stay in Your Home/Apartment

Staying in your own home is a popular option. Here are some things to consider if you want to remain in your home.

- 1) Personal supports
- 2) Financial supports
- 3) Ideas to modify your home to better meet your physical needs

Personal Supports

There are a variety of private and government assisted programs that provide support to individuals who need assistance. Examples of available programs include:

- **Community Care Access Centre (CCAC)** provides information and access to services in the home, community and other residential settings.

For more information and eligibility, call:

Burlington..... 905-639-5228

Toll free 1-800-810-0000

Halton Hills, Milton, Oakville 905-855-9090

Toll free 1-877-336-9090

www.ccac-ont.ca

- **Links2Care** provides community support programs such as meals, home maintenance, visiting, respite, snow removal, and home help.
- **Emergency Response Systems** (e.g. ConnectCare) connects you to help, using a portable button and home speaker unit in case you fall or have a home emergency.
- **Meals on Wheels** can provide nutritious, inexpensive meals delivered by volunteers.
- **Adult Day Programs** provide social and therapeutic recreation and care in a group setting.
- **TeleTouch** can provide a regular phone call to seniors living alone for assurance and socializing.
- Community Programs can provide transportation, dinner clubs, friendly visiting, foot care, telephone reassurance etc.
- Also consider hiring private services to supplement community services.
- Employing a live-in housekeeper or hiring a private duty nurse may help you to maintain your independence and stay in your home.

For an extensive list of community supports with contact numbers, refer to the Halton Seniors' Directory. Dial 311 or visit www.halton.ca/esac

Financial Supports

If you are concerned about costs, here is some information that may help. Bank managers/financial advisors may be able to help you examine options and plan your finances for the future.

Property Tax Deferral Program

Local Municipalities allow a senior who receives a government income supplement to defer property tax payments until the house is sold. Once the house is sold, the taxes plus interest must be paid. A deferral may be helpful to seniors who have higher property taxes and low income. Interest rates will be a consideration in this option.

Property Tax Rebates

Local Municipalities may also offer property tax grants or rebates.

City of Burlington	905-335-7750
Town of Halton Hills	905-873-2600
Town of Milton	905-878-7252
Town of Oakville.....	905-845-6601

Home Sharing/Renting

Sharing your home with others can provide extra income. Renting a portion of your home can also provide additional income. Sometimes a renter may also give you help with chores and maintenance that can save you the expense of hiring someone. (See page 30 for more information).

Reverse Mortgage

A reverse mortgage allows seniors to convert some or all of the value of the home into cash while remaining in their home. Under this plan, you still own your home but take out a loan based on the value of the home. The loan amount plus interest must be repaid when the term of the loan expires, the owner passes away or the home is sold. For more information, refer to the Canada Mortgage and Housing Corporation (CMHC) at 613-748-2367 or toll-free at 1-800-668-2642 (ask for the library) or visit www.cmhc-schl.gc.ca and search for reverse mortgages.

Ontario Ministry of Revenue Programs

There are a number of programs that offer help to seniors including Forgivable Loans, Ontario Energy and Property Tax Credit, Property Tax Relief for Low-Income Seniors and Low Income Persons with Disabilities and HST Exemption. Call 1-866-668-8297 or visit www.rev.gov.on.ca to learn more.

Additional information about pensions, rebates and supplements can be found in other ESAC publications:

- Seniors Income Sources Fast Facts
- The Halton Seniors' Directory

To order copies, Dial 311 or access the directory online at www.halton.ca/esac.

Modify your Home

Renovating your own home to meet your current and future needs can help you maintain independence. Options you may want to consider include: adding grab bars in the washroom, changing the shower or bathtub, installing hand railings/ stair lift, modifying kitchen cupboards or relocating a bedroom to the main floor.

Resources

- **Canada Mortgage and Housing Corporation** provides a checklist on how to hire a contractor and information on renovations and accessibility on their website at www.cmhc-schl.gc.ca.
- **Halton Region**

Simple Tips to Make Your Home Safer (Page 23)

Is Your Home Suitable for You Now and in the Future? This resource can help you identify areas that may need improvement. Dial 311 to request a copy.

Ontario Renovates provides funding for renovations based on eligibility criteria (program to begin in the fall of 2012). Dial 311 for more information.

- **Veterans Affairs Canada**

Veterans Independence Program (V.I.P.) provides financial assistance for home modifications, grounds maintenance, housekeeping, and more, to those who qualify. Call 1-866-522-2122 or visit www.vac-acc.gc.ca.

- **Habitat for Humanity**

The **ReNew It** program provides interest-free loans for repairs/renovations that address a health and safety need in the home, accessibility requirements, or increased energy efficiency to reduce household expenses. Qualified applicants are offered an interest-free loan with monthly payments geared to income. Call 905-637-4446 ext. 226, toll free 1-866-314-4344 or visit www.habitathalton.ca.

- **Ontario March of Dimes Home and Vehicle Modification Program[®]**

The **Home & Vehicle Modification[®] Program** provides funding for basic home and/or vehicle modifications to enable children and adults with disabilities that restrict mobility to continue living safely in their homes, avoid job loss and participate in their communities. Call 877-369-4867 or visit www.marchofdimes.ca - search Home and Vehicle Modification Program.

- **Ontario Ministry of Revenue**

Property Tax Relief for Residences Built or Modified to Accommodate Seniors or Persons with Disabilities provides eligible property owners who modify their homes to accommodate a senior with property tax relief. The value of the alteration or addition is exempt from property taxation.

Healthy Homes Renovation Tax Credit is a new, refundable personal income tax credit to assist with the cost of permanent home modifications that improve accessibility or help a senior be more functional or mobile at home.

Call 1-866-668-8297 or visit www.rev.gov.on.ca.





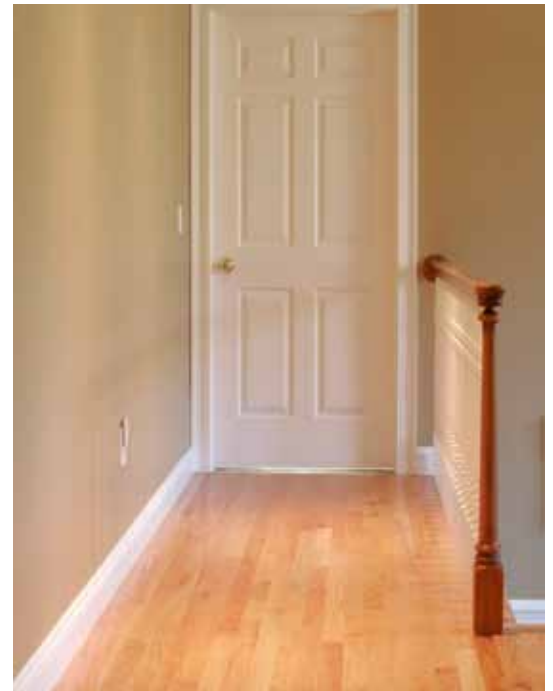
Simple Tips to Make Your Home Safer

Floors and Hallways

- Are floors free of clutter?
- Do you have pets that lie in hallways or get under your feet?
- Do your carpets lie flat without wrinkles or curled edges?

Tips

- Remove all loose mats or ensure they are firmly secured and have non-slip underlay
- Re-arrange furniture to provide easy access to rooms, entrances and exits
- Remove cords, run them under carpets or tape cords to the ground
- Place a pet bed in an out of the way area and use a bell on your pet's collar so that you always know when it is moving



Lighting

- Can you easily switch on a light from your bed?
- Is there good lighting where you keep your medication?

Tips

- Ensure your lights are bright enough for you to see clearly, especially along stairs and steps
- Keep the bathroom light on at night to help you find your way
- Nightlights are an inexpensive way to provide light to dark hallways



Stairs and Steps

- Do you really need to keep laundry in the basement or can you move the laundry upstairs to prevent using the stairs?
- Are you able to see the edges of the steps clearly?
- Do the steps have a sturdy handrail?

Tips

- Stairs may need extra lighting – lights that turn on automatically when they detect motion are recommended
- Handrails on both sides of stairways are preferable
- Ensure handrails extend the full length of stairway
- Paint edges of steps white or yellow to see them better, or apply contrasting non-slip adhesive to edges of stairs



Kitchen

- Can you easily reach kitchen items that you use regularly without climbing or bending?

Tips

- Clean up spills immediately as they occur
- Wear rubber soled shoes in your kitchen to prevent slips and falls
- Arrange your kitchen so the most frequently used items such as microwaves are easy to reach (above hip and below eye level)
- Store lighter items higher, and heavier items in lower cupboards



Bathroom

- Do you have grab bars, a shower chair or non-slip bathmat in the bathroom for stability?
- Does your bathroom have adequate room to maneuver a walker or wheelchair?
- Can you easily get up off the toilet seat?

Tips

- Store your shampoo and soaps so they are easy to reach to reduce bending and twisting
- Have a licensed contractor install proper grab bars (towel racks are not meant to handle human weight)
- Put non-slip adhesives on your bathtub floor
- Consider renovating your bathroom if you need to use a wheelchair in your home



Living Room & Bedroom

- Can you get in and out of your chair(s) and couch easily?
- Is furniture placed so that a walker can fit easily through doorways and move easily around the room?

Tips

- Consider using chairs with less cushioning, handles and more height to ensure that transfers are safer and easier. Dining room chairs work well for this
- Place your phone close to the chair that you usually sit in
- Consider getting a bed rail to help you get in and out of a low or soft bed



Outside your Home

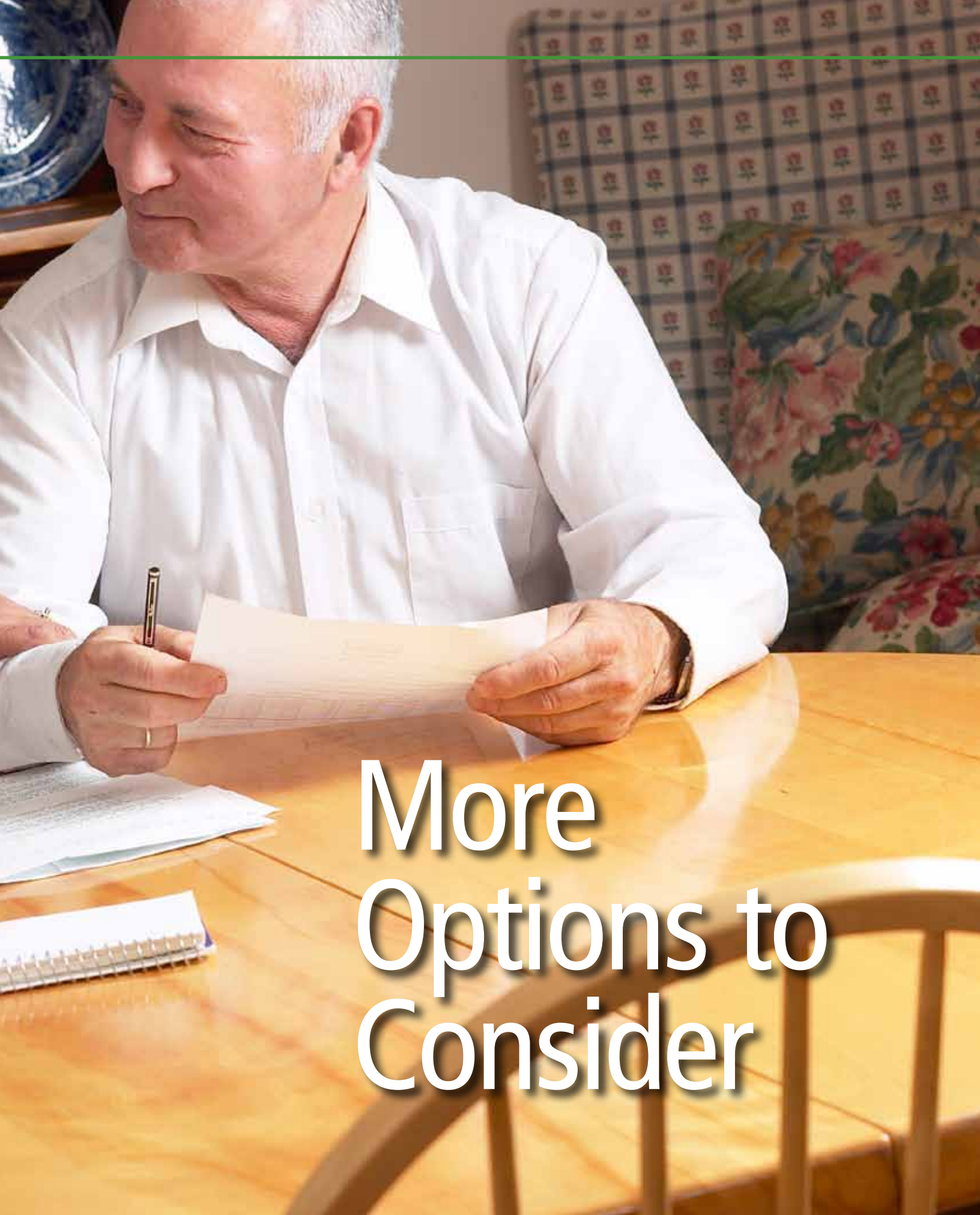
- Are walkways clear of leaves, sticks and other tripping hazards?
- Do walkways have adequate lighting?
- Do your steps have a railing?

Tips

- Consider installing a railing on steps
- Motion detector lights help to prevent falls and deter strangers from approaching your house
- Apply non-slip adhesive tread to steps, or paint edges of steps in yellow or white to make them easier to see
- Pick up gardening tools and store them away from frequently travelled pathways







More Options to Consider

Garden Suite

A garden suite is a pre-made structure installed on a temporary basis in the backyard of an existing home owned by a family member. It allows an individual to live independently and remain close to family for mutual assistance. Check with your Local Municipality for building and zoning requirements.

Resources

Canadian Manufactured Housing Institute

This organization officially represents all members of the manufactured home industry – builders, retailers, realtors, suppliers etc. They also maintain a list of registered member builders and retailers of manufactured (prefabricated) homes.

Call 613-563-3520, email: cnhi@cnhi.ca or visit www.cmhi.ca.

Home Sharing

This is a living arrangement where a number of unrelated people (# determined by municipality) live in a single dwelling. This option can be used to help financially and/or to provide companionship and a sense of security.

When an older adult lives alone in a large home and has difficulty with chores, renting to a physically stronger person can help older adults stay in their home for a longer period of time. If help around the house is exchanged for lower rent, this arrangement can be beneficial for all parties. (Also see page 19)

Resources

The Landlord and Tenant Board may help you with the process of recruiting tenants.

Call 416-645-8080, toll-free 1-888-332-3234 or visit www.ltb.gov.on.ca/en/index.htm.

Co-Housing

This is a relatively new option where a group of people get together to plan and develop their housing community. Residents own their own housing unit but often share spaces such as dining and recreational facilities. In this option, seniors maintain independent spaces and choose to live with friends and share interests and workloads. The planning stage also allows participants to express opinions regarding the design of the home.

Resources

Canadian Cohousing Network

Call 905-584-6710, email: info-east@cohousing.ca or visit www.cohousing.ca.

Life Lease Housing

What is it?

Life lease housing is usually owned and managed by non-profit community based groups. Residents (most often seniors aged 65 and older) pay for the right to occupy a unit by purchasing a lease for a period of time for an upfront payment plus a monthly maintenance fee. Unlike renting, the lease is for a set number of years or for life. When the resident moves out, the lease is sold at fair market value less a fee to another older adult. Most life lease communities maintain a waiting list of potential buyers.

How to Apply

You must apply to the individual life lease building or corporation.

Considerations

- Life lease housing developments may be in the form of high rise, low rise or row housing
- The developments can be less expensive than home ownership
- Seniors have the option to move if they wish
- There is an opportunity for socialization and companionship
- Can be close to family, friends, local amenities and services
- CCAC and other community support services can provide services if you are eligible

Resources

Zock & Associates Incorporated (formerly Life-Lease Associates of Canada)

Call 416-367-2917, email: gzock@zock.ca or visit www.zock.ca.

Canada Housing and Mortgage Corporation website at: www.cmhc-schl.gc.ca.

Where in Halton?

For more information, call life lease projects serving seniors:

Marion Courtyard

137 Martin St. Milton

905-878-1951

Woodside Mews

290 Woodside Dr., Oakville

905-338-1657

The Gallery at Bennett Village

200 Halton Hills Dr., Georgetown

905-702-1247

Purchased Condominiums

What are they?

Purchased condominiums are dwellings (bungalows, apartments, and townhouses) purchased from private housing providers. Unlike life lease, you own your share of the condominium and you are responsible for selling it when you move. Types of buildings and services may vary from site to site. There is an opportunity to be involved in the governance of the property by participating on the condominium board of directors.

How to Apply

For condominiums throughout Halton, check with your local real estate office.

Considerations

- Ownership in real estate market with possible increase in investment (value of property)
- Provides privacy
- Monthly condominium fees will apply
- Opportunity for socialization and companionship
- Maintains independence and the opportunity to be close to family, friends, local amenities and services
- Governed by the *Condominium Act, 1998*
- CCAC and other community support services are available if you are eligible

Where in Halton?

Condominiums are located throughout Halton and can be found and purchased through the owner or a real estate agent.

Hearthstone by the Lake

100 Burloak Dr. Burlington

905-333-9194

Village of Tansley Woods

4100 Upper Middle Road, Burlington

905-336-9904

Note: Programs/services for seniors are offered at an additional cost.

Resources

Canada Mortgage and Housing Corporation offers a variety of free publications including Condominiums Buyers Guide

Call 1-800-668-2642 or visit www.cmhc.ca.





Apartments

Cost of Apartments

When you are looking for an apartment, the cost will depend on what type of rent is assigned to the unit. There are three types of rent:

- 1) **Assisted Housing:** Rent is subsidized by a government program. It is sometimes called subsidized rent or rent-geared-to-income (RGI). Rents are based on about 30% of your gross monthly household income (income before tax is deducted). Typically, a specific number of units in social housing buildings are designated to be subsidized or RGI units.
- 2) **Affordable Rent:** Some private non-profit providers receive funding from the federal/provincial governments to charge a reduced amount (approximately 80% of average market rent based on Canada Mortgage Housing Corporation (CMHC) data).
- 3) **Market Rent:** This is full price rent as found in private buildings, accessory apartments and in some of the units in social housing buildings. It is rent that is not subsidized by the government.

Types of Apartments

The type of apartment depends on the location, who lives in the buildings and who owns/manages the building:

- 1) **Accessory apartments** are units built in private homes and are found in some municipalities. Regulations permitting accessory apartments vary within each municipality.
- 2) **Regular Apartments** can be found in privately owned multi-unit buildings. These also cater to the general public (mixed age groups). Some condominium owners may also rent out their condo units.

How to Apply: Apply directly to individual buildings/apartment/condominium owners.

Where in Halton?

Look in local newspapers for privately owned buildings catering to a mixed age population or for accessory apartments. Real estate agencies may also have information about rental units.

- 3) **Seniors Apartments Buildings** are exclusively for seniors and may be owned and managed by private or non-profit organizations. The cost may be market rent or subsidized by government (see page 36 for more information).

Considerations for all Apartments

- Provides privacy
- May provide safety check/security systems
- Market value rent varies and rent-geared-to-income is based on income
- May require a 12 month rental agreement
- Maintains independence and the opportunity to be close to family, friends, local amenities and services
- Community Care Access Centre (CCAC) and other community support services are available if you are eligible
- Governed by the *Residential Tenancies Act (2006)*

Additional considerations for Social Housing Units

- Rent will change when your income changes
- Wait lists vary depending on services required and building preferences. Call Halton Access to Community Housing (HATCH) or other managers listed on page 38-39 for information on how early to apply

Seniors Apartment Buildings

(Non-Profit Social Housing and Market/Affordable Rent)

What are they?

These are rental units for seniors provided at market rental rates, affordable rent or subsidized rates (rent-geared-to-income).

How to Apply

There are three ways to apply for an apartment:

- 1) Call the building owner for a market rent/affordable rent apartment
- 2) Call the building owner for a subsidized rent apartment for those buildings that do not participate in the centralized wait list (HATCH)
- 3) Call HATCH to apply for a subsidized rent apartment

Contacts for apartments are listed on page 38-39.

Halton Access to Community Housing (HATCH) is an application centre for most seniors' social housing. For more information or to apply to the waiting list, call and speak with a representative. Dial 311 or visit www.halton.ca to download the Hatch application form.

To be eligible for social housing through HATCH, all members of the household must

- be a Canadian citizen or a Permanent Resident or
- have made an application for permanent residency/sponsorship/refugee protection under Immigration and Refugee Protection Act (Canada) AND have not been issued a removal order that has become enforceable
- do not owe money to another social housing provider in the Province of Ontario

A senior may apply to HATCH at age 60 but will not be offered housing until 65 years of age, unless support services are required.

Some housing sites are not part of HATCH and must be accessed directly. These sites may also have different standards. For example, Trafalgar Senior Homes Limited offers units to adults who are 60 years of age or older.

Where in Halton?

Burlington

Aldershot Village Residence

540 Plains Road East
Dial 311 for HATCH

Bonnie Place I

500 Claridge Road
For subsidized rent (RGI) call 905-815-3970

Bonnie Place II

500 Claridge Road
For market rent/affordable rent
call 905-815-3970

Longmoor

41 Longmoor Dr.
Dial 311 for HATCH

Maranatha Homes

3260 New St.
For market rent call 905-681-0311

Palmer Place

3097 Palmer Dr.
Dial 311 for HATCH
For market rent call 905-319-2626

Pinedale

5250 Pinedale Ave.
Dial 311 for HATCH

St. Luke's Close

1421 Elgin St.
Dial 311 for HATCH
For market rent call 905-681-7113

Walkers Landing

513 Walkers Line
Dial 311 for HATCH
For market rent dial 311 for Halton
Community Housing Corporation

Wellington Terrace

410 John St.
Dial 311 for HATCH
For market rent dial 311 for Halton
Community Housing Corporation

Woodward Park

2424 Woodward Ave.
Dial 311 for HATCH

Halton Hills**Braeside Seniors Residence**

46 Holmesway Place, Acton
Dial 311 for HATCH

Cote Terrace

171 Main St. South, Georgetown
Dial 311 for HATCH
For market rent call 905-578-3833

John Armstrong Terrace

8 Durham St., Georgetown
Dial 311 for HATCH

Kin Court

3 Hyde Park Dr., Georgetown
Dial 311 for HATCH

Lakeview Villa

17 Elizabeth Dr., Acton
Dial 311 for HATCH

Legion Terrace Apartments

51 Birchway Place, Acton
For market rent call 519-876-4070

Sargent Court

11 Sargent Road, Georgetown
Dial 311 for HATCH

Residences of St. Andrews

220 Sinclair Ave., Georgetown
For market rent/affordable rent call
905-527-0021 or 1-866-780-7275

Milton**Bruce Apartments**

40 Ontario St.
Dial 311 for HATCH

Martin House Seniors Residence

189 Ontario St. South
Dial 311 for HATCH

Oakville**John R. Rhodes Residence**

271 Kerr St.
Dial 311 for HATCH

Knox Heritage Place

2191 Sixth Line
Dial 311 for HATCH
For market rent call 905-849-0389

Oakville Senior Citizens Residence

2220-2222 Lakeshore Rd. West
Dial 311 for HATCH

Trafalgar Senior Homes Limited

Rotary Gardens
Sedgewick Cres. and Woodside Dr.
Rotary Centennial Towers
17 Stewart St.

For market rent call 905-842-5095





Housing With Care Services

Assistive Living Services / Supportive Housing (Designated Buildings)

This program provides seniors and adults with disabilities with personal support services so they can continue living in their home/apartments as their health needs change.

Services include assistance with personal care (such as bathing, mouth and skin care), personal support (such as dressing and assistance with pre-measured medications) and homemaking services (such as light housekeeping and laundry).

To apply, contact HATCH (Halton Region) by dialing 311 or visit www.halton.ca/housing or contact other service providers at the phone numbers listed on page 43.

How to Apply

When applying through HATCH (see page 38) for an apartment unit, an application may be made for in-home services in Supportive Housing by filling out a Supportive Housing Form. Individuals already living in buildings with these services may contact the Support Services Coordinator in the building. Eligibility varies from program to program. Please speak to the service provider listed on page 38-39 for specifics. Although you must be 65 years of age to obtain a seniors rent-geared-to-income unit, supportive housing services/units can be obtained by those who qualify, at 60 years of age in some (not all) buildings.

Considerations

- Services vary from site to site - check with each site to determine services offered
- Waiting lists can be different for each building
- Some of the buildings are more accessible than others and some offer accessible units
- Supportive Housing helps you maintain your independence
- Provides a variety of safety and security programs
- Can access help on a regular basis or on an emergency basis (24 hours on-site or on call service)
- There is an opportunity for socialization and companionship

Where in Halton? (for services)

Burlington

Aldershot Villages Residence

540 Plains Road East
Cheshire Independent Living
To apply call 905-634-6346

Carey House

1401 Ontario St.
To apply call 905-681-2682

Bonnie Place I and II

500 Claridge Road
Apply through property manager at time of application to housing / Residents dial 311

Palmer Place

3097 Palmer Dr.
Apply through Hatch at time of application to housing / Residents call AbleLiving 905-335-3166 (also offers respite)

Wellington Terrace

410 John St.
Apply through Hatch at time of application to housing / Residents dial 311

Halton Hills

Cote Terrace

171 Main St. South, Georgetown
To apply call 905-877-1198

John Armstrong Terrace

8 Durham St. Georgetown
Apply through Hatch at time of application to housing / Residents call 905-873-8765

Lakeview Villa

Apply through Hatch at time of application to housing / Residents call 519-853-9916

Oakville

Jean and Howard Caine Apartments

259 Robinson St.
Independent Living
To apply call 905-845-7412

Supports for Daily Living (SDL)

This program provides the personal care and supports also provided in the Supportive Housing program (see full description on page 42). Services are available to seniors living in a designated building as well as the hub area (surrounding neighborhoods).

To apply contact the SDL Central Registry 905-829-4499 ext. 122

Milton

Bruce Apartments

40 Ontario St.
Halton Region
Dial 311

Oakville

Oakville Senior Citizens Residence

Oakville Senior Citizens Residence
2220-2222 Lakeshore Road West
Dial 905-827-4139

John R. Rhodes / Kerr St. Hub (Halton Region)

271 Kerr St.
Halton Region
Dial 311

Retirement Homes

Retirement Homes serve seniors who may need help with activities of daily living. They are usually privately owned and provide fee-based specialty accommodation, meals and communal programming, along with 24-hour supervision and a range of personal assistance services. Eligibility requirements are based on the services provided. Many of the homes provide overnight or short stay respite care for seniors when they are transitioning from hospital or when their main caregiver is unavailable.

For more information, call the Ontario Retirement Community Association (ORCA) at: 905-403-0500 or 1-800-361-7254 or www.orca-homes.com.

How to Apply

Application is made to the individual retirement home.

Considerations

- Usually privately owned
- *Governed by Tenant Protection Act*
- Not subsidized
- Usually requires a 12 month lease but respite or short term stay options may be available
- Voluntary accreditation process done by the Ontario Residential Care Association (ORCA)
- Fees for rent/services may vary
- Offer a full range of services from meals to 24 hour nursing supervision
- May include laundry, recreation, housekeeping, medical and administrative services
- You can take your own furnishings and personal supplies
- There is an opportunity for socializing and companionship
- If you are eligible, the CCAC and community support services are available
- ORCA has a Retirement Home Complaints Response and Information Service and system in place - 1-800-361-7254

Where in Halton?

Burlington

Appleby Place

500 Appleby Line
905-333-1611

Burlington Gardens

300 Plains Road West
905-521-0888

Christopher Terrace Retirement Residences

3131 New St.
905-632-5072

Heritage Place (Village of Walkers Green)

1431 Tobyn Dr.
905-315-2500

Lakeshore Place

5314 Lakeshore Road
905-333-0009

Martha's Landing

2109 Lakeshore Road
905-637-7757

Park Ave. Manor

924 Park Ave. West
905-333-3323

Sunrise Senior Living

5401 Lakeshore Road
905-333-9969

The Williamsburg

1893 Appleby Line
905-691-8801

Village of Tansley Woods Retirement Residence

(opening Feb 2013)
4100 Upper Middle Rd
905-336-9904

Halton Hills

Mountainview Residence

222 Mountainview Road North
Georgetown
905-877-1800

Milton

Birkdale Place

611 Farmstead Drive
905-875-9600

Martindale Gardens

45 Martin St.
905-693-8592

Oakville

Churchill Place by Revera

345 Church St.
905-338-3311

Chartwell Classic

180 Park Ave.
905-275-0095

Delmanor Glen Abbey

1459 Nottinghill Gate
905-469-3232

Kensington by Revera

25 Lakeshore Road West
905-844-4000

Queens Avenue Retirement Residence

1056 Queens Ave.
905-815-0862

Sunrise Senior Living

456 Trafalgar Road
905-337-1145

Trafalgar Lodge by Revera

299 Randall St.
905-842-8408

Vistamere

380 Sherin Dr.
905-847-1413

Guelph/Wellington

Eden House

29 Wellington St. West, Guelph
519-856-4622

Retirement Villages (Adult Lifestyle Communities)

What are they?

Retirement Villages are retirement communities built especially for seniors. They usually contain a variety of housing options such as apartments, life lease options, single houses, assisted living units. A management company maintains the grounds and provides repair services.

How to Apply

There are no special eligibility requirements. Apply to individual housing sites to become a tenant.

Considerations

- May have safety/security features
- Provides privacy
- Less maintenance and chores than own home
- Services available to support independent living may vary
- There is an opportunity for socializing and companionship
- Maintains independence and the opportunity to be close to family, friends, local amenities and services
- CCAC and other community support services are available if individual is eligible

Where in Halton?

Barber Glen Community

(Bungalows for older adults)

Run by the Halton Common Elements Condominium # 520

Georgetown South

Call real estate agents for information

Village of Walkers Green /

Heritage Walk

(Rental bungalows) and Heritage Place (Retirement home)

4151 Kilmer Dr., Burlington

905-319-3828

Burlington Gardens

(Bungalows, apartments and retirement home)

300 Plains Road West, Burlington

905-521-0888

Village of Tansley Woods

(Rental apartments, condominiums, retirement residence)

4100 Upper Middle Road, Burlington

905-336-9904

Woodside Mews

(Bungalows and bungalofts)

290 Woodside Dr., Oakville

905-338-1657

Long-Term Care Homes

What are they?

Long-term care (LTC) homes are for those who can no longer live independently in the community and need personal and nursing care. These individuals may also need assistance with the activities of daily living as a result of physical limitations, cognitive deficits, or behavioural conditions.

How to Apply

You apply for LTC through the Community Care Access Centre (CCAC). The Ministry of Health and Long-Term Care sets eligibility criteria for admission to the homes. For information regarding placement and assessment for long-term care homes, call the CCAC:

Burlington: 905-639-5228 / Toll free 1-800-810-0000

Halton Hills, Milton, Oakville: 905-855-9090 / Toll free 1-877-336-9090

www.ccac-ont.ca

Considerations

- May be private or non-profit
- Funded/governed by the Ontario Ministry of Health and Long-Term Care
- Waiting lists may limit choice of home or suite option (ward, semi-private or private)
- Services include 24 hour nursing supervision, assistance with eating, dressing, bathing, toileting, walking, occupational therapy, physiotherapy, regular and emergency medical care
- Couples may be accommodated together or separately
- Respite or short-term stay options may be available
- Limited personal furnishings and belongings are allowed
- The resident and the Ministry of Health and Long-Term Care (MOHLTC) share the cost of care. Rates are set by the MOHLTC and are the same throughout Ontario.

- For current rates go to www.ccac-ont.ca July 2012 rates are:

Type of Accommodation	Daily Rate	Monthly Rate
Long-Stay Basic	\$55.04	\$1,674.14
*Long-Stay Semi-Private	\$63.04 / \$64.04	\$1,917.47 / \$1,947.89
*Long-Stay Private	\$73.04 / \$74.79	\$2,221.64 / \$2,274.86
Short-Stay	\$35.63	N/A

*Where there are two rates, variations are based on age/design standards of facilities

Reduced rates for basic rooms are available to eligible clients. Rates change annually.
 NOTE: The care received in all accommodations is the same and does not change based on the rates paid.

For more information contact the Ontario Association of Non-Profit Homes and Services for Seniors (OANHSS) at 905-851-8821 or visit www.oanhss.org.

For concerns regarding the Long-Term Care Homes call Service Ontario:

1-866-434-0144

7 days a week, 8:30 a.m. – 7 p.m.

Halton Region's Long-Term Care Homes



Allendale



Creekway Village



Post-Inn Village

Where in Halton?

Burlington

Billings Court Manor

3700 Billings Court
905-333-4006

Brant Centre

1182 North Shore Blvd. East
905-639-2848

Burloak Long-Term Care Centre

5959 New St.
905-639-6389

Cama Woodlands

159 Panin Road
905-681-6441

Creek Way Village (Halton Region)

5200 Corporate Dr.
Dial 311

Hampton Terrace Care Centre

75 Plains Road West
905-631-0700

***Maple Villa Nursing Home**

441 Maple Ave.
905-639-2264

Mount Nemo Christian Nursing Home

4486 Guelph Line, RR#2 Milton
905-335-3636

The Village of Tansley Woods

4100 Upper Middle Road
905-336-9904

Wellington Park Care Centre

802 Hagar Ave.
905-637-3481

Halton Hills

Bennett Health Care Centre

1 Princess Dr., Georgetown
905-873-0115

Extendicare Halton Hills

9 Lindsay Court, Georgetown
905-702-8760

Milton

Allendale (Halton Region)

185 Ontario St. South
Dial 311

Oakville

Northridge Long-Term Care Centre

496 Postridge Dr.
905-257-9882

Post Inn Village (Halton Region)

203 Georgian Dr.
Dial 311

The Waterford

2140 Baronwood Dr.
905-827-2405

West Oak Village

2370 Third Line
905-469-3294

Wyndham Manor

291 Reynolds St.
905-849-7766

Guelph/Wellington

***Eden House Care Facility**

29 Wellington St. West, Guelph
519-856-4622

* may offer overnight respite care /caregiver relief

Domiciliary Hostels

What are they?

Domiciliary hostels provide accommodation, meals and assistance with daily living activities for adults who are living with severe and chronic mental illness and/or cognitive difficulties/impairments.

How to Apply

You may apply to each facility or a doctor may refer you for support services.

Where are they?

Bethany Rest and Retirement Home

2387 Industrial St., Burlington
905-335-3463

Millhouse Resthome

34 Mill St. West, Acton
519-853-5306

Parkside Rest Home

58 Main St. North, Acton
519-853-0148

York House

160 York St., Acton
519-853-5953





STRATION

ESAC Publications

We hope you found the information in Housing Options helpful. ESAC produces a number of publications for seniors in Halton. Here is a listing of the “fast fact” brochures we offer. To order copies dial 311.

Fast Facts:

- Safe Driving for Seniors
- Government Income Sources for Seniors
- Legal Issues for Seniors
- Information for Caregivers
- Caregivers - Take Care of Yourself
- Seniors & Wellness
- Coverage of Drug Costs
- Seniors and Continence
- Seniors and Downsizing
- Seniors and Employment
- Funeral Arrangements
- Transportation Choices for Seniors



Halton Seniors' Directory

2012



**A Guide for Seniors, Caregivers
and Services Providers**



To view the Halton Seniors' Directory and other ESAC publications online visit www.halton.ca/esac.



Halton Government Services

For help translating this booklet, contact Halton Region. Dial 311

Pour de l'aide avec la traduction de ce livret, contactez la région de Halton. Composez le 311

如需要帮助翻译这小册，请联络Halton地区。拨号311。

Si necesita ayuda para traducir este folleto, póngase en contacto con Halton Regional.
Marque el 311

Para ajuda a traduzir este livreto, contacte Halton Region. Disque 311

W celu uzyskania pomocy w tłumaczeniu tej ulotki, prosze skontaktowac sie z rejonem
Halton. Numer 311.

ਇਸ ਕਿਤਾਬਚੇ ਦਾ ਅਨੁਵਾਦ ਕਰਵਾਉਣ ਲਈ ਮਦਦ ਵਾਸਤੇ ਹਾਲਟਨ ਰੀਜਨ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।
311 ਡਾਇਲ ਕਰੋ।

اس کتابچے کے ترجمے میں مدد کے لیے ہالٹن ریجن سے رابطہ کیجیے۔ 311 ڈائل کیجیے۔



Halton Region

Dial 311 or 905-825-6000

Toll free: 1-866-4HALTON (1-866-442-5866)

TTY 905-827-9833

www.halton.ca